



# GARROCH TRAINING

Fire and Rescue Site, Garroch Loaning, Cargenbridge, Dumfries, DG2 8PS.

Tel: 01387 274194 / 274195

## Ground Based Arboriculture

Woodchippers  
Stump grinders  
Clearing Storm Damaged Timber from the Highway



## Fire and Rescue

Fire Wardens  
Fire Safety Risk Assessment  
Fire Extinguisher



## Forestry

Basic Felling techniques  
Maintenance and Crosscutting  
Felling Medium sized trees  
Individual windblown trees  
Multiple windblown trees  
Clearing saw  
Trailed forwarder  
Forestry skidder

## Arboriculture

Basic tree climbing and aerial rescue  
Using a chainsaw from a rope and harness  
Arboriculture pruning operations  
Arboriculture dismantling operations  
Use of a chainsaw from a MEWP

## Groundcare

Ride on mowers – Cylinder  
Ride on mowers – Rotary and Flail  
Pedestrian powered mowers – Cylinder  
Pedestrian mowers – Rotary and Flail  
Brushcutters and trimmers – Maintenance and Operation  
Handheld Hedgetrimmers  
Safe use of Pesticides  
Pesticides – Handheld Applicators



## New Road and Streetworks Act 1991

5 day Supervisors Course  
5 day Operative Course  
Operatives Course - signing, lighting and guarding- unit 002  
Supervisors Course - monitoring, signing, lighting and guarding- unit 010  
1 day Location and Avoidance of Underground Apparatus Course

## Sector 12

12a/b Static temporary road closures for high-speed roads and dual carriageways.  
12c Mobile lane closure for high-speed road and dual carriageways with and without hard shoulders.  
12d Installing, maintaining and removing temporary traffic management on rural and urban roads.

## Health & Safety

Manual Handling  
First Aid at Work  
First Aid at Work Refresher



Emergency First Aid  
Sharps (Needlesticks and Body Fluids)  
Abrasive Wheels  
People Moving People

## Personal Development

Conflict Management/Personal Safety  
Customer Care  
Diversity Awareness  
Instructional Technique

## Lifting

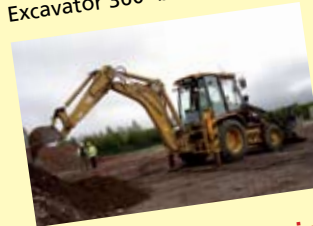
Lorry Loader – Hook, Clamshell Bucket,, Hydraulic Clamp, Grab  
Slinger/Signaller

## Access

MEWP

## Excavating and Loading

Excavator 180° below and above 5 tonnes  
Wheeled Loading shovel  
Tracked Loading Shovel  
Skid Steer Loader  
Excavator 360° below and above 10 tonnes

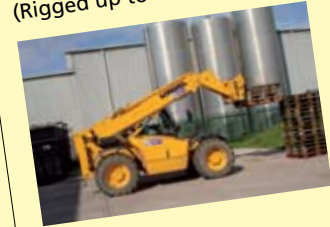


## Lifting and Transferring

Rough Terrain Masted Lift Truck  
Industrial Counterbalance Fork Lift above and below 5 tonnes  
Rough Terrain Telescopic Lift Truck up to and over 9 metres

## Transporting and Discharging

Forward Tipping Dumpers (Wheeled and Track)  
Dump Truck (Articulated up to and over 15 tonnes)  
Dump Truck (Rigged up to and over 15 tonnes)



## Vehicles

Driver Training  
Basic Trailer Handling  
On and Off Road Trailer Handling  
4X4 Professional Off Road Driving

## All Terrain Vehicles

Sit In ATV  
Sit In ATV Conventional Steered  
Sit Astride ATV – including Loads and Trailed Equipment



## Local Authority Courses

Although the following courses have been developed specifically for Local Authorities, they can be tailored to suit any business.

Cleaning Operatives  
Working at Heights  
Manual Handling  
Sharps Awareness  
Grave Digging  
HAV (Hand and Arm Vibration) Awareness  
COSHH  
Risk Assessment  
Asbestos Awareness